

Allergy Policy and Procedure

Policy Number: 3

Avoidance of Medication Prior to skin testing

OTC Cough or Cold Med- off 1 week

Afrin- off 4 hours
Alka Selzer Cold
Allegra (Fexofenadine)
Atarax (Hydroxyzine)
Benadryl (Off 72 hours)
Dimetapp
Claritin (Loratidine, Clarinex) Cyproheptadine (Periactin)
Meclizine (Antivert, Bonine)
Periactin Cyproheptadine
Zyrtec (Cetirizine)
Xyzal (Desloratadine)

Allergy Eye drops- off 3 days

Alaway (Ketotifen, Zaditor)
Bepreve
Patanol (Olopatadine, Pataday, Pazeo) Refresh Allergy
Visine AC

Antidepressant (Tricyclics- check with MD) Off 7 days

Amitriptyline (Elavil)
Doxepin (Sinequan, Adapin)
Celexa (Citalopram)
Nortriptyline
Pamelor
Tofranil

Prozac (Fluoxetine) and Anxiety meds are OK to continue

Antihistamine Nose Sprays- off 72 hours

Astelin (Astepro, Azelastine)
Dymista
Patanase
*Decongestants are OK

Asthma Medications- OK to take.

Inhalers and Singular (Montelukast)

OTC Sleep Medications - off 7 days

Unisom
Somnux
Tylenol PM

Stomach Medications - Off 2 days

Pepcid (Famotidine)
Tagamet (Ranitidine)
Zantac (Cimetidine)
*Prilosec OK to continue

Antivert (Meclizine) - off x 2 weeks

Tussionex Cough Syrup (Contains Chlorpheniramine) off 5 days.

All medications with antihistamine in it will block testing

Medications listed above need to be stopped before skin testing to obtain accurate results. We understand that some of these may be difficult to stop. If you have concerns about stopping any of the medications listed, please notify us.